

WEEK 13 SUPERUGBY 2019

Blues vs Hurricanes

In Auckland bewys die Barrett-boeties dat hulle 'n groot faktor vir die All Blacks later vanjaar in die Wêreld Beker Toernooi sal wees. Hulle het meesterlik vertoon en hulle aanvoeling vir die spel is net ongelooflik ou grote!

Die Canes wen dan hierdie rondte 22-12 en beklee ook dan die tweede plek op die NZ konferensie. Die Canes speel volgende gasheer vir die Jaguares in Wellington terwyl die Blues teen die Chiefs in Auckland sal uitdraf.

Rebels vs Reds

In 'n klipharde Aussie-derby slaag die Rebelle daarin om die aanslae van die Reds af te weer en klop hulle 30-24 in Melbourne.

Die Rebels is nog steeds bo-aan die Aussie konferensie. Die Reds draf volgende teen die Waratahs in Brisbane uit en die Rebels speel volgende teen die Bulle in Melbourne.

Blou Bulle vs Crusaders

Op Fort Loftus word die Bulle verneder deur die Crusaders en verloor 45-13. Die kampioenspan lewer een van die beste vertonings op Loftus oit... en dit wys maar net die gaping tussen SA Rugby en die ysters van die land van Silver Varings. Ligjare maat, ligjare!

En om sout in hul wonde te smeer, moet die Pretorianers reis na doer onder en speel volgende teen die Rebelle in Melbourne. Dan in hulle agterkoppe ook nog die skok te verwerk dat hulle *cappie*, Handrè Pollard, vir 'n skamele twintig miljoen rand per seisoen deur 'n Franse klub betaal gaan word om na die *Worldcup* daar te gaan speel. En raai wie is dadelik weer teruggeroep, niemand anders as Morné nie?

Die Saders reis Kaapstad toe om teen die Stormers se Suidooster windjie te staan. Volgens *coach* Scottie sien hulle erg uit na die paar afdae in die Kaap.

Highlanders vs Jaguares

Die Highlanders moes alles in die stryd werp in die laaste tien minute van hierdie skitterende *game* om uiteindelik 32-27 te wen. Tomas Cubelli, *coach* van die Argentyne, was ongelukkig omdat sy span verloor het, maar hy het hul steeds geprys vir die wyse waarop hulle bly veg het.

Die Jaguares sal hulle storie moet ken want hulle volgende *game* is teen die Hurricanes in Wellington. Die Highlanders reis SA toe om teen die Leeus in Johannesburg te kom kragte meet.

Chiefs vs Haaie

In Hamilton kon die Haaie nie die vorige week se yster-vertoning herhaal nie en verloor 29-23 teen die Chiefs. Hierdie is regtig 'n *game* wat hulle kon wen maar die skuiwe deur R Senior van die bank af was fataal. As Curwin Bosch sy tasse pak, gaan dit nie die fisio se skuld wees nie...

Die Haaie is terug in SA en het volgende 'n loslootjie. Die Chiefs speel teen die Blues in Auckland.

Lions vs Waratahs

Die Leeus moes al hulle varkies bymekaar hou en die kopdokter in Brakpan was op *standby* en klop die Waratahs 29-28 in 'n riller ou grote. Die Leeus se brul is effens gedemp met die hartseer nuus dat *cappie* Warren alweer beseer is. Hulle speel volgende teen die Highlanders in Johannesburg en dit gaan gewis nie 'n maklike dag op kantoor wees nie. Die Waratahs is terug in Ausieland en draf teen die Reds in Brisbane uit.

Brumbies vs Sunwolves

Die Brumbies trap die Wolwe se tjank af en wen 33-0. Dit is die tweede nulletjie vir die Japanners en bepaal seker hulle aandag nou op die groot toernooi later vanjaar in Japan. Die Brumbies en die Wolwe verdien met hierdie sirkusvertoning 'n welverdiende blaaskans in week 14.

Nag ou grote...

Grenville participates in Lebone soccer tournament

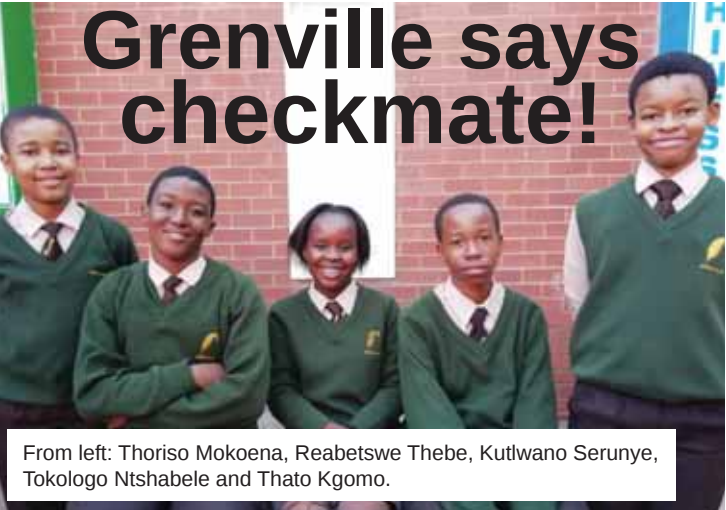
Rustenburg – Grenville High School's first boys' soccer team took part in the Lebone tournament on Saturday 4 May and performed excellent. Congrats!



Back from left: Thato Molebatsi, Lefa Kakgatsi, Rethabile Kabelo, team captain Omphile Popane, Innocent Phasha, Olotleng Mothibi, Edwin Matubako, Mphoentle Matshika and coach Archie Nyanyiwa. Front from left: Kamogelo Mokgwetsi, Kamogelo Mapitsa, Thebatso Sedumedi, Gomolemo Moitsheki, Mosimanegape Bogatsu, Mosa Makae and Tlotlo Pitso.



The two teams from South Africa.



From left: Thoriso Mokoena, Reabetswe Thebe, Kutlwano Serunye, Tokologo Ntshabele and Thato Kgomo.

Rustenburg – Well done to Thoriso Mokoena, Reabetswe Thebe, Kutlwano Serunye, Tokologo Ntshabele and Thato Kgomo of Grenville High School who represented the Bojanala Chess Union in Bloemfontein on 10 and 11 May.

LEON'S HERBALS

NATUROPATH / ETHNO MEDICINE PRACTITIONER

Rustenburg – Doctor Leon Landman is an ethnomedicine practitioner with 16 years' experience in the medical field and uses his knowledge and experience to provide the best possible care for his patients.

They offer tests and treatments such as:

- Accudetox** - Ear acupuncture has many benefits and can be beneficial in assisting in treatment of depression, anxiety, sleeplessness, stress, ADHD / ADD and many neurological weaknesses.
- Colon Hydrotherapy** – Although the digestive system is equipped to remove toxins, colon hydrotherapy can help with the natural process and improve the function of your colon. The objectives of colon cleansing is to remove nonspecific toxins from the colon and intestinal track.
- Iridology / Sclerology** - The eye is a very complex part of the human anatomy. It has a reflex connection to every organ and tissue of the body by way of the brain and nervous system. Assessing the variations of colour and fibre structure of the iris can indicate strengths and weaknesses of physical and emotional health.

Leon's Herbals aim to find the root of the problem and treat not only the symptom, but through natural medicine manage, prevent, support, alleviate and in some instances cure your illness. Herbs are widely used today in various forms and the benefits of herbal medicine are vast. It is used for cleansing, elimination and detoxification. Some are used to stimulate the body's self-healing capabilities to counteract physical symptoms, whilst other may be used as a tonic to help the body's immunity.

A variety of herbal treatments can be found at their health shop, Kruiekoffer.

For more information or to book an appointment, visit their practice at 171 Kock street, Kloof Sentrum shop 11 and 12 Rustenburg or contact them on 014 592 6563. You can also send them a WhatsApp on 076 992 3186.

Local soccer players visit the UK

Rustenburg – It was a dream come true for the 13 members of the Atletico Football Club who visited the United Kingdom to participate in the Manchester Easter International Cup.

They had to prove their worth as the international teams were all much bigger and a little older than our local team. However, they rose to the occasion and managed to score at least one goal in every game they played. A few of the lads truly shined during the tournament and were commended by other international soccer teams on their outstanding performances.

Of course, the trip wasn't only about playing soccer, they also had the chance to watch a few live matches between prominent international teams.

When asked what the most memorable experience was, Majalefa Motsogi, the team's goal keeper said: "The feeling of the big guys running towards me, my heart pounding, ball in my hand and the crowd cheering. The saves I made, the feeling is something that I will always remember."

Thank you to every player, parent and sponsor that made this trip possible. A special thanks to Sim Tours who were one of the main sponsors in getting these boys to the UK.

Atletico Football Club, Rustenburg, is a SAFA-registered amateur football club focusing on age group teams with school-going players ranging from 11 to 19 years of age.

The club was founded by Eddie Pienaar with a vision for youth development and community upliftment. The club aims to teach young men about discipline, respect, vision and sportsmanship – essential to character development.

For more information, contact chairman Eddie Pienaar on 082 267 9813 or head coach 078 337 3534 or administrator Patrick Fann on 082 337 3534.

RUSTENBURG EMERGENCY CONTACT NUMBERS

SAPS

Rustenburg SAPS Radio Control Centre: 014 590 4115/6/7
Rustenburg SAPS Community Service Centre: 014 590 4126/27/39
SAPS Boitekong: 014 593 6001/ 6002/ 6003
SAPS Emergency (cell phones only): 112
SAPS Marikana: 014 572 3100/43
SAPS Rustenburg: 014 590 4112
SAPS Tlhabane: 014 565 9171/54/59

AMBULANCE

Ambulance / Metro Control Room: 014 597 6612
Ambulance / Metro Control Room (provincial): 10177

MEDICAL EMERGENCY

Med 24/7 (Private): 014 592 7801
ER24: 084 124
NetCare 911: 082 911
Trauma Rescue: 014 594 0689
Ferncrest Hospital (Emergencies): 014 568 4339/8
Peglerae Hospital (Casualties): 014 597 2823

HOSPITALS

Ferncrest Hospital: 014 568 4399
Job Shimankana Tabane (JST) provincial hospital: 014 590 5212/ 5100
La Femme Clinic: 014 594 9500
RusMed 24: 014 523 9378/9351

SNAKE EMERGENCY NUMBERS

Phillip Snyman – 078 108 4543

CLEANING SERVICES 24 / 7

CIA Crime Incident Accident: 079 498 7606

FIRE

Fire Department: 014 590 3232 /3444/3333
Rustenburg Local Municipality emergencies (fire): 014 590 3090

RTB LOCAL MUNICIPALITY

RLM Accounts Queries: 014 590 3111
Press 1 for: RLM Emergencies (Fire Dept.)
Press 2 for: RLM Customer Care Supervisor

ALARMS

ADT (Control Room): 086 121 2520 / 086 121 2501
Oracle Protection Services: 014 533 3062/3726 / 081 358 4032
Wesalarms: 014 592 8364

SSR & CPF / GPF

CPF Sector 1: 061 019 6870
CPF Sector 2: 072 907 0844
CPF Sector 3: 072 204 4847
CPF Sector 5: 082 573 3712
CPF Sector 6: 079 227 9748
Staan Saam RTB: 072 787 2550
Staan Saam Rustenburg Community Watch: 083 296 6949

SOUTH AFRICAN COMMUNITY CRIME WATCH RUSTENBURG (SACCW)

079 689 0961

ANIMAL EMERGENCIES

Animal Clinic Zinniville: 014 538 2114
ARAN Veterinary Clinic: 014 592 6007
Bergbos Direklinik: 014 533 1959/2084
Bergbos Direklinik (A/H): 083 653 1081
Rtb SPCA: 014 592 3181
Rtb SPCA (A/H): 072 933 7723

WATER

Water Problem Helpline: 014 590 3088

ELECTRICITY

Electricity Helpline: 014 590 3198
Eskom National Line: 086 003 7566

ROAD & TRAFFIC

Bakwena N4 Toll Road: 0800 225 9362
Traffic Control Room (Rustenburg): 014 590 3221

PLATINUM WEEKLY NEWSPAPER: 014 592 5653 / 072 482 6871.